

Could you be a Volunteer-led  
**Support Group**  
**Facilitator?**



# About us



Lupus UK is a registered not-for-profit charity established in 1990.

## Our Vision

A world where people with lupus can live full and active lives.

## Our Mission

To empower people by providing information about lupus and offering support, so their voices are heard and their condition diagnosed and managed effectively.

## Our Values

- We believe in improving the lives of people who have lupus.
- We believe that lupus patients are entitled to specialised care and treatment.
- We believe that lupus patients are entitled to the best possible information about their condition.
- We believe in informing and educating the medical profession and the public about lupus and its effects.
- We believe in bringing people with lupus together so they are not isolated.
- We believe in listening to people who want to talk about lupus.

## What we do

**We deliver a wide range of activities to achieve our vision. Our charitable objectives are:**

- To increase awareness of lupus amongst patients, health professionals and the public.
- For all people with lupus in the UK to have a timely diagnosis and equitable access to high quality treatment.
- To empower people living with lupus.
- To support families and carers impacted by a diagnosis of lupus.
- To influence at policy level, ensuring that the voices of those living with lupus are heard.
- For Lupus UK to represent the whole lupus community.

# About the role

## Role Title

Support Group Facilitator

## Reports To

Community Services Manager

## Role Purpose

The role of a **Support Group Facilitator** is to facilitate group support meetings for local people affected by lupus.

## Key Values and Responsibilities

- You must have lived experience of lupus for this role
- Create a safe and welcoming space for anyone affected by lupus in your area
- Ensure the venue you use is accessible to as many people as possible
- Be realistic about what you can and cannot do, especially juggling everything that life has to offer
- Uphold our PIF TICK award, ensuring only the most reliable health care information is shared
- Uphold our good practice guide for safeguarding, health & safety and data protection
- Undertake relevant training, provide references and undergo a Basic DBS check

## Key Elements of the Role

### Organising a meet-up

- Finding a suitable venue
- Booking the venue
- Liaising with the venue to ensure the needs of the group are met
- Providing details in advance so we can advertise to the community

### Facilitating a group

- Ensuring every person feels safe to attend and safe to speak
- Supporting new members to feel confident
- Making sure everyone gets a chance to speak and be heard

### Community awareness

- Sharing our resources with members of the group
- Supporting members to share our resources wider, such as with GPs and hospitals

## What are the next steps?

Contact our Community Services Development team.

There are other volunteer roles which may be suited to your time commitments and interests, let's discuss those too.



Support Group Facilitator



Support and Information Line Volunteer



Support Group Assistant

We have a range of volunteer opportunities, please contact us for details

For more information, please email our Volunteering team at [volunteer@lupusuk.org.uk](mailto:volunteer@lupusuk.org.uk)