

**“I WAS SO DESPERATE FOR HELP,  
AND WAS REALLY SCARED THAT I  
WASN'T GOING TO BE LISTENED TO,  
AND THAT MY EXPERIENCES WERE  
GOING TO BE INVALIDATED”**

**LUPUS UK IS HERE TO  
LISTEN, SUPPORT AND  
GIVE GUIDANCE**

**LUPUS  
UK** 

**10<sup>TH</sup>  
MAY**

**WORLD LUPUS DAY**



**SCAN TO LEARN MORE**



**WWW.LUPUSUK.ORG.UK | TEL 01708 731251 | REG CHARITY NO. 1200671**